

**ABSTRACT OF THE DISCLOSURE**

A swing includes a seat unit having a seat frame disposed between two armrest frames, and a backrest frame pivoted to a rear end of the seat frame through a first pivot pin and to one of the armrest frames about a second pivot pin above the first pivot pin, a footrest frame pivoted to a front end of the seat frame through a third pivot pin, and an inclination adjusting rod pivotally connecting the footrest frame and a lower end of the backrest frame. A sliding member is fixed to the seat frame, and is slidably mounted on a guiding member that is secured to said one of the armrest frames. A fastener releasably fastens the sliding member to the guiding member to prevent sliding movement of the sliding member and the seat frame relative to the guiding member.